# **Job Seeking Skills Workshops**

## October 2015



### ★ Midvale Employment Center 7292 S. State St. • Midvale

Register for reserved seating. Walk-ins welcome.

- Our workshops are designed to give you the skills necessary to succeed in a highly competitive job market.
- No-cost workshops are open to all job seekers.
- Register at jobs.utah.gov, or speak with an employment counselor.
- Workshops start on time. Late-comers will be asked to reschedule.



Job Seeking Skills		
RESUMÉ WRITING:		
Oct 6 Oct 13 Oct 20 Oct 26	9:00 AM-11:30 AM 1:00 PM-3:30 PM 1:00 PM-3:30 PM 1:00 PM-3:30 PM	
INTERVIEWING SKILLS:		
Oct 5 Oct 15 Oct 19 Oct 27	1:00 pm-3:30 pm 9:00 am-11:30 am 1:00 pm-3:30 pm 9:00 am-11:30 am	
NETWORKING STRATEGIES:		
Oct 29	9:00 AM-11:30 AM	
*LINKEDIN #1:		
Oct 8 Oct 28	9:00 AM-11:30 AM 9:00 AM-11:30 AM	
*LINKEDIN #2:		
Oct 22	1:00 рм-3:30 рм	

#### **RESUMÉ WRITING:**

Learn how to write and design a cutting-edge resumé and cover letter or power up a current resumé to get that interview. This workshop is designed for customers who are ready to write a resumé and start actively job searching.

#### **INTERVIEWING SKILLS:**

Learn to be confident in an interview, research employers, market your skills and answer questions to enhance interview effectiveness.

**NETWORKING STRATEGIES:** Learn how to design and implement a networking plan.

#### LINKEDIN #1:

Learn how to sign up, complete and make your profile effective. We will teach what experts look for in a good profile. \*Prerequisite — must have basic computer and Internet navigation skills. Register first, as computers are limited.

#### LINKEDIN #2:

Learn how to find and connect to others that can help you in your career. Find networking opportunities, get introductions, personal brand management and job search.

\*Prerequisite — must have a current LinkedIn account and complete profile or have attended LinkedIn #1. Register first, as computers are limited.

continued





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Life Skills		
BUDGETING AND CREDIT:		
Budgeting - Oct 20 Credit - Oct 22	8:30 AM-12:00 PM - TIER 1 8:30 AM-12:00 PM - TIER 1	
FINDING HEALTHY RELATIONSHIPS:		
Oct 7	9:00 am-12:00 pm break/lunch 1:00 pm-5:00 pm	
STRENGTHENING THE COUPLE RELATIONSHIP:		
Oct 14	9:00 AM-12:00 PM BREAK/LUNCH 1:00 PM-5:00 PM	
PARENTING WITH LOVE AND LOGIC:		
Oct 21	9:00 am-12:00 pm break/lunch 1:00 pm-5:00 pm	

**BUDGETING AND CREDIT:** Learn how to budget, save, repay debt and build credit.

#### FINDING HEALTHY RELATIONSHIPS:

For singles of all ages—participants learn steps to building a high-quality, long-lasting relationship.

#### STRENGTHENING THE COUPLE RELATIONSHIP:

Designed for couples in committed relationships—learn to understand one another's differences, increase trust and dependability and develop a deeper commitment.

#### **PARENTING WITH LOVE AND LOGIC:**

Learn how to raise responsible children and have more fun—topics include ending power struggles, teaching responsibility, setting limits and preventing arguments, problem solving and completing chores without conflict.